

Hip Hop

Hip hop classes are focused on basic stretches, body isolations, and combinations that will encourage each student to break out and explore the world of this fun-filled genre. Dancers are encouraged to express their individuality and find their own style through hip hop! Students will be placed in Levels 3 through 5 depending on age, previous experience and skill level.

Class structure and curriculum:

- Center stretch and warm-ups
- Body isolations starting from neck and moving through hips and legs
- Short center combos and knowledge of hip hop vocabulary
- Hip Hop choreography practicing sharpness and clarity of movements